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L.A. Kings plan Canadian Night on 'Nucks meet

CALIFORNIA Hip hockey fans might want to consider a road trip to La-la-land this Halloween.

On Oct. 29, the Los Angeles Kings are hosting their first-ever Canadian Night. The evening features a Kings-Canucks hockey game, followed by a free The Tragically Hip concert at the nearby Club Nokia theatre.

Tickets, which went on sale for L.A.'s Canadian community on Aug. 15, start at $39.

The most expensive tickets (lower bowl, centre ice) are $120, but can be less expensive with a group discount.

General public tickets go on sale next Friday.

METRO VANCOUVER

JEFF HODSON/METRO VANCOUVER

Saif Ullah, general manager of MacLure's Cabs, at the company's compound under the Granville Street Bridge in Vancouver yesterday. Ullah said taxi companies are finding it tough to compete with the new $2-billon Canada Line.

Taxis standing still as riders take Canada Line

Airport cabbies losing money, waiting half days for single trip

JEFF HODSON
jeff.hodson@metronews.ca

Lower Mainland cabbies are feeling a pinch from the new $2-billion Canada Line.

Saif Ullah, general manager of MacLure's Cabs, said in the past two days his drivers have been waiting at the airport for up to two-and-a-half hours to catch a fare.

"People are just taking the (Canada Line)," Ullah said.

"Our drivers are going there, spending half the day and getting one trip. Spending two or three hours and getting an $8 trip, it's just frustrating for the guys. It's not even minimum wage."

MacLure's spends roughly $8,200 a month for its 29 airport-taxi licences — the most licences of the four Vancouver-based taxi companies.

Under its contract, it has to have taxis waiting at the airport whether or not there are any flights.

In good times, Ullah explained, a driver would wait 10 to 15 minutes to catch a fare at the airport and make $200 to $250 at the end of a 12-hour shift.

After the downturn, wait times increased to almost an hour. Drivers were "scraping" for about $100 for a 12-hour shift, Ullah said.

Having an inexpensive option like the Canada Line is further exacerbating the issue, he said.

"People are trying to save money," Ullah said. "If they can take the train for $5 and save $15 or $20, people are happy to do that."

Hafiz Khan, general manager of Garden City Cabs, said his company is facing a similar situation in Richmond, even though it doesn't have airport licences.

"If drivers stop making money, they'll get frustrated and they may quit and look for something else," Khan said. "Financially it will be a disaster."

Meeting

- Taxi companies are meeting with the airport today to express their concerns, Ullah said.

Fulton case didn't meet Amber Alert criteria, say RCMP

INVESTIGATION RCMP in B.C. are defending their decision not to issue an Amber Alert immediately after the disappearance of 12-year-old autistic boy John Fulton, who was found dead in a neighbour's home 48 hours later.

In a statement yesterday, Fulton's family said there should have been an Amber Alert issued.

"We do not know if this could have saved Johnny's life nor do we wish to speculate," said the statement. "We feel strongly that any child with autism should automatically qualify as an Amber Alert."

RCMP Const. Annie Linteau said Amber Alerts are activated only under certain conditions, one of which is that police have to have reasonable grounds to believe the child had been abducted.

"The criteria were not met in this case," said Linteau. "We have to remember that the Amber Alerts are just one of the investigational tools at our disposal."

The RCMP did issue a release with Fulton's description and photo after he was reported missing, she said.

The boy was found in the basement of his neighbour's home Monday night. Kimberly Ruth Noyes, who has a history of mental illness, is facing a second-degree murder charge.

TORSTAR NEWS SERVICE

Relating pg 4

Facebook, green-eyed monster face off

Celebrity Buzz pg 22

Kristen who? Pattinson single

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Inflation falls in Vancouver

The inflation rate in Vancouver fell 1.6 per cent in July compared to the same time last year, according to Statistics Canada. That's the same percentage decline for all of British Columbia. The two main factors were a 24 per cent decrease in energy costs and a 13.6 per cent drop in homeowner's replacement costs. METRO VANCOUVER

Local

Haida Nation signs power deal

The Haida Nation has signed an $800-million agreement to buy 40 per cent of a wind energy development in Northern B.C. The project, a partnership with NaiKun Wind, calls for 110 turbines that would provide electricity to power up to 130,000 homes.

METRO VANCOUVER

METRO INTERNATIONAL NEWSPAPER OF THE YEAR
2009 Festival of Media Awards

Chiefs union seeks probe of man's death

KRISTEN LIPSCOMBE
kristen.lipscombe@metronews.ca

HEAT WAVE The Union of B.C. Indian Chiefs is asking for a coroner's inquiry into the circumstances surrounding the death of a homeless Aboriginal man during last month's heat wave.

Witnesses said Curtis Brick spent roughly seven hours passed out on a bench in Grandview Park on July 29, when the city broke a heat record at nearly 34 C.

The popular park was full of visitors, but it wasn't until 4 p.m. that passerby Eric Schweig saw Brick convulsing and called for help.

He said it took around 45 minutes for paramedics and firefighters to arrive, and when they did show up, he claimed they were derogatory and provided substandard care.

Brick died in hospital that night.

Grand Chief Stewart Phillip, the president of the Union of B.C. Indian Chiefs, said the union is making a formal request for a coroner's inquiry at a press conference in Vancouver today.

Karen Brick, the victim' sister, and David Eby, executive director of the B.C. Civil Liberties Association, will also be in attendance.

Vancouver Firefighters and the B.C. Ambulance Service are launching their own reviews of the incident.

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Childcare wait-list decried

UBC student leader says cuts are adding to crisis on campus

KRISTEN THOMPSON
kristen.thompson@metronews.ca

Recent funding cuts to childcare programs are exacerbating the childcare crisis at the University of British Columbia and reinforcing a bias against the inclusion of women in academia, a spokesperson for the school's student union says.

Blake Frederick, president of UBC's Alma Mater Society, said there are 350 childcare spaces on campus and a wait-list of more than 1,500 people.

To make matters worse, he said, the province has "quietly" cut by 60 per cent the Minor Capital Grants program, which provides funding for the maintenance, renovation or construction of daycare facilities.

"The wait-list to get into childcare (at UBC) can be upwards of three years," Frederick said.

"Now we're learning that funds that already exist … (are) being cut back.

"It's in the opposite direction of where we'd like to go."

Frederick said the lack of childcare spaces on campus acts as a barrier for students and deterrent to potential staff — especially women.

"It is essential that child care be accessible, affordable and meet the diverse needs of families in order to have a prosperous economy," Frederick said.

"The B.C. government should be investing in childcare, not making cuts."

Maurine Karagianis, B.C. NDP childcare critic, said the cuts to the capital program are "catastrophic."

"When there are inadequate (childcare) services or cuts to services it reduces the choices of women to further their education," Karagianis said.

"In today's economy, the better your education, the better your chances of financial security. So anything that undermines that is unacceptable."

Adding spots

- In 2007, the UBC Alma Mater Society committed $1 million toward the construction of more childcare spaces on campus, which will bring the total to 460 from 349.

Biennale **Sculptures on display**

KRISTEN THOMPSON/METRO VANCOUVER

The STOP, an art installation by Michael Zheng, at Vanier Park yesterday. The artwork is the second of 30 sculptures to be erected across the city for the Vancouver Biennale 2009-2011, a 22-month open-air public art exhibition.

Donors help fund drug-treatment trial

FERNANDO CARNEIRO
fernando.carneiro@metronews.ca

A handful of "community leaders" in Vancouver have donated about $450,000 to help fund the second part of a heroin and drug substitution trial, according to the executive director of the Inner Change Foundation.

Trish Walsh said the first trial, called NAOMI, found ways to personalize drug addiction treatment. Results were published today in the New England Journal of Medicine.

"There's been virtually no innovation in the treatment of addiction in 30 years," Trish said. "With cancer and heart disease we've moved from having limited protocols to an integrated client approach."

The NAOMI trial found that injections of the active ingredient of heroin work far better than oral methadone for keeping addicts in treatment, away from illegal drugs and away from crime.

In addition, Walsh said, it cost $7,500 for each participant in NAOMI, compared to the $55,000 per year untreated addicts cost society.

The results led the Canadian Institute for Health Research to commit to funding a second trial, to be called SALOME, if researchers matched that $1-million investment using private money.

At the end of May, 22 potential donors were invited to hear a presentation from the researchers and about six made donations ranging from $45,000 to $150,000, Walsh said. She did not name the donors.

New agency?

- Trish Walsh said the provincial government is considering forming an agency, similar to the B.C. Cancer Agency, to help addicts. It would be called the B.C. Centre for Excellence in Addiction and Concurrent Disorders.

NDP leader lends support to seniors

FUNDING NDP Leader Carole James joined a group of seniors facing a forced move in Surrey yesterday to ask the B.C. government to restore funding that had been committed in writing.

Residents of Surrey's Newton Regency Care Home had received a letter from the Fraser Health Authority saying their funding wouldn't be cut. Later, on Aug. 11, another letter said the Care Home's 37 remaining temporary beds will be closed.

"Just weeks after Gordon Campbell promised British Columbians seniors' care would be a priority for his government, devastating cuts are on the table and seniors and their families are scrambling to fill critical gaps," James said.

METRO VANCOUVER

Famed hockey coach missing

SEARCH Police are searching for a legendary former junior hockey coach and B.C. Hockey Hall-Of-Famer who went missing in the remote northern wilderness while surveying a gold claim near Dease Lake.

Ernie "Punch" McLean, 77, who coached the New Westminster Bruins to back-to-back Memorial Cup titles in the 1970s, was reported missing on Sunday.

METRO VANCOUVER

News in brief

CANADA LINE Transit Police have made their first arrest on the Canada Line. Officers were conducting a routine check on a man at Broadway-City Hall station yesterday when they learned a 46-year-old man was wanted on a Canada-wide warrant for two counts of fraud.

FIREWORKS Fire officials say people — mostly tourists — have been lighting fireworks in the tinder-dry woods around Shuswap Lake, news1130.com reports. Officials say the wildfire danger is still high.

LANDLORDS Parents in the Lower Mainland are being urged to take landlords to court if they feel they've been turned down because they have children. The Tenant Resource and Advisory Centre said it's illegal to refuse potential renters if they have kids.

SUSPECTS Police in Ridge Meadows are asking for the public's help identifying one of two suspects who broke in to the District of Maple Ridge's watershed. Two men, believed to be in their teens or early 20s, were caught on surveillance video.

SCHOOLS Lower Mainland schools will be kept open this fall, despite concerns of influenza A (H1N1), also known as swine flu, reappearing, news1130.com reports. B.C. Chief Medical Health Officer Perry Kendall said if schools were closed, kids would wind up at malls and other places, where they could still spread the bug.

FISH Immediate government intervention is needed to address declining fish stocks on the Fraser River, according to the CAW, which represents 2,500 fishery workers in B.C.

METRO NEWS SERVICES

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WHAT'S ONLINE TODAY

Blogs Hollywood Rants on the dangers of ramping up the showbiz hype machine
Video Ontario Premier Dalton McGuinty defends the controversial decision to harmonize sales taxes at **metronews.ca/canada**

Lotteries

Lotto 6/49:	5, 6, 22, 23, 25 & 27 Bonus 32
BC 49	5, 6, 10, 15, 39 & 42 Bonus 8
Extra	54, 78, 84, 94

These results are not official.

British rower rescued from hurricane

A British rower who left St. John's, N.L., in an attempt to cross the Atlantic solo has been rescued from the path of hurricane Bill by a British vessel, CBC News Online reports. Peter Bray, 53, had to abandon his boat in the middle of the ocean around 8 a.m. local time yesterday. METRO NEWS SERVICES

Canada

Jones declared bankrupt by court

Alleged fraudster Earl Jones was declared personally bankrupt yesterday by the Quebec Superior Court, clearing the way for the next phase of the investigation into the millions of dollars nearly 150 of his former clients claim to be missing, CBC News Online reports. Bankruptcy lawyer Neil Stein said the bankruptcy declaration means Jones' personal property can soon be put up for sale.

METRO NEWS SERVICES

Hurricane Bill headed for Atlantic Canada

KRISTEN LIPSCOMBE
Metro Canada

WEATHER Residents in Atlantic Canada should brace themselves for an unwelcome guest arriving this weekend. But meteorologists don't know just how overbearing hurricane Bill will be when he blows through the East Coast late Sunday or Monday.

"It will lose some intensity by the time it gets here, the question is just how much," Bob Robichaud of the Atlantic Storm Prediction Centre in Dartmouth, N.S., said yesterday.

By mid-afternoon yesterday, Environment Canada was predicting Bill would slow to a Category 1 storm, but still bring with it heavy rain and winds, when it's offshore of the coast.

Hurricane Bill was a strong Category 4 storm late yesterday churning about 2,700 kilometres southeast of Bermuda, Robichaud said.

News in brief

SECURITY BREACH Computer systems at some Radisson Hotels & Resorts were accessed without authorization during the course of seven months, possibly revealing guests' names and credit-card numbers, the hotel chain said yesterday. The incidents occurred between November 2008 and May 2009 at some Radisson hotels in the United States and Canada.

REUTERS

Flexing the military muscles

Harper vows to stand up to nations eyeing Canadian North

In a display of bravado, boasts and a flexing of military might, Prime Minister Stephen Harper has vowed to stand up to nations already "probing" Canada's north.

And Harper himself was leading the charge yesterday as he took the controls of a Sea King helicopter, took the helm of a submarine as it slipped below the icy waters of Frobisher Bay and promised that Canada would protect its northern interests.

Prime Minister Stephen Harper, left, sits outside the door of a Sea King helicopter during his tour of the North yesterday. Harper vowed Canada would stand up to nations probing the North.

With melting sea ice opening up northern sea lanes, Harper himself said the strategic value of the Arctic region has never been greater.

"We must never forget that just as the eyes of southern Canadians gaze northward, so too do those beyond our borders," Harper said yesterday morning during a visit to the frigate HMCS Toronto as it cruised the waters south of Iqaluit.

"With other countries probing our north — by sea and in the air — the work you are doing here to protect our sovereignty has never been more important," Harper told sailors gathered on the ship's bow.

It's a message Harper has delivered before. But never with such a backdrop of military hardware to drive home his point of safeguarding the northern territory. Sailing on Frobisher Bay under a cloudless sky, HMCS Toronto was joined in a carefully choreographed script by the submarine HMCS Corner Brook, its menacing black hull gliding through the waters, and the Canadian Coast Guard vessel Pierre Radisson. Standing on the frigate's bow, Harper watched as a trio of CF-18s screamed overhead.

TORSTAR NEWS SERVICE

Nanook

- Prime Minister Stephen Harper was on the front lines of Operation Nanook, a sovereignty exercise he billed as the "most ambitious ever" and said it demonstrates Canada's "unyielding resolve" to protect its remote lands.

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Comment

Jealous from Facebook

Relating

Nobody likely registered extreme surprise at a new study suggesting Facebook users experience more jealousy in their relationships.

In More Information than You Ever Wanted: Does Facebook Bring Out the Green-Eyed Monster of Jealousy? University of Guelph researchers surveyed undergraduate students about their Facebook use and its effect on their love life.

Among the findings: "The ease of making connections on Facebook may increase contact with past romantic and sexual partners, creating the potential for jealousy in current relationships."

You don't say.

When the Canadian privacy commissioner raised the alarm about Facebook's possible contravention of privacy laws last month, she was primarily worried about corporate misuse of personal information, not the ways in which your nearest and dearest might use it against you. Big Girlfriend is watching, and she'd like to have a little talk about why you've got three exes on your friends list.

One subject told the University of Guelph researchers, "It turns people into nosey parkers ... all of that personal information is totally unnecessary, but no one can help themselves."

The study's authors also identified a "feedback loop," wherein information on your partner snooped from Facebook leads to more jealousy, which leads to more surveillance of the page, which leads to more information and on and madly on. That level of scrutiny could kill any relationship.

On the web

- For more views on relating, go to Love Bytes at metronews.ca/blogs

The amount of time spent on Facebook is also cited as a factor, and this should surprise nobody either.

Virtual reality can trump reality after hours spent in front of the keyboard. You check the Internet for the weather instead of looking out the window, and when your relationship pops up on a computer screen, maybe you can't help trying to control it.

We so often hear that younger people don't attach as much importance to privacy as us codgers, but it may just be they haven't been burned as often as we have. I think some may be catching on.

My girlfriend's teenaged kids all started out Facebook friends with her, but soon realized the implications of having your mom privy to certain colourful details.

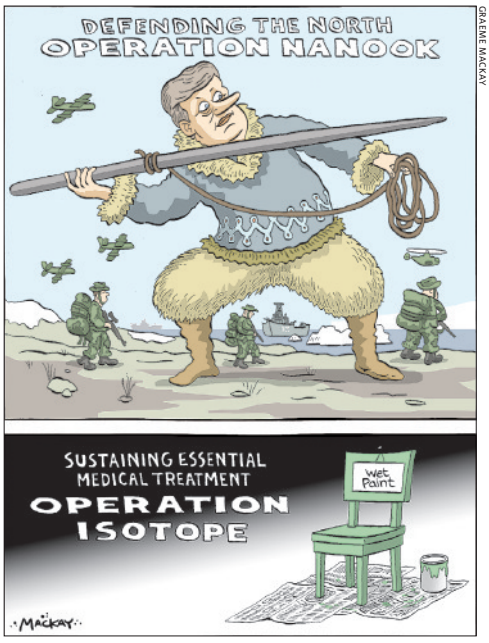
Two of three have since ditched her, and she was actually relieved to be out of the loop.

I've opted out of Facebook, which strikes me as kind of an endless high school reunion, an opportunity to interact awkwardly with all kinds of people you never knew well, and probably drifted away from for perfectly good reasons.

It seems we've created a technology remarkably well suited for breathing new life into long-dead relationships while poisoning live ones.

What will we think of next?

Steve Collins offers his best guesses on relationships for Metro every two weeks.



GRAEME MACKAY

Worth mentioning

London pickpockets giving something back to citizens

Visitors to London always have to be on the lookout for pickpockets, but now there's another, more positive phenomenon on the loose — putpockets.

Aware that people are suffering in the economic crisis, 20 former pickpockets have turned over a new leaf and are now trawling London's tourist sites slipping money back into unsuspecting pockets.

Anything from five pounds ($8) to 20 pound notes is being surreptitiously deposited in unguarded pockets or open handbags in Trafalgar Square, Covent Garden and other busy spots. The initiative, which runs until the end of August in London before being rolled out countrywide, is being funded by a broadband provider, which says it wants to brighten up people's lives in unusual ways.

"It feels good to give something back for a change — and Britons certainly need it in the current economic climate," said Chris Fitch, a former pickpocket who now heads TalkTalk's putpocketing initiative. "Every time I put money back in someone's pocket, I feel less guilty about the fact I spent many years taking it out."

London's police have been briefed about the plan, which will see at least 100,000 pounds given away.

REUTERS

Views

Look at how far we've come — not far at all

FourthWave

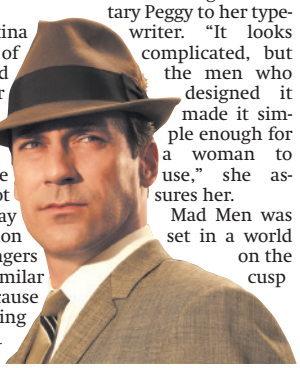
The third season of TV series Mad Men premiered this Sunday; in it, the staff at ad agency Sterling Cooper is jettisoned into 1963.

Oh, what a year it turns out to be: Housewives awaken from domestic stupor when The Feminine Mystique is published; Camelot tumbles; singer Sam Cooke writes his iconic song A Change is Gonna Come, about simmering racial tension in the South.

Mad Men, a show its creator Matthew Weiner has said is feminist, signals the third season's tone in the opening minutes, when Sterling Cooper's lone male secretary mutters, "This place is a gynocracy."

Though Manhattan was a man's world, the woman's life is well-explored: they're passed over for jobs; pre-marital sex makes them "strumpets"; men rape them; they consider abortions.

Consider Christina Hendricks' account of how viewers reacted to her character Joan's rape: "People say things like, 'Well, you know that episode where Joan sort of got raped?' Or they say rape and use quotation marks with their fingers ... It illustrates how similar people are today, because we're still questioning whether it's a rape."



Jon Hamm as Don Draper

I've heard viewers, male and female, fawn about the secretive Don Draper, but even the intelligent ones are in awe of this lying, cheating ass. Truly, women want him, and men want to be him.

I chuckled when Joan shows the new-girl secretary Peggy to her typewriter. "It looks complicated, but the men who designed it made it simple enough for a woman to use," she assures her.

Mad Men was set in a world on the cusp of change, edging its way to free love, desegregation and violent war — but they clung, and still we cling, to antiquated notions. Every generation has its revolution, and ours is now.

It's Afghanistan, where a law was passed that allows men to starve their wives for denying them sex.

It's a Carleton student, who is suing her school after it allegedly implied she was "asking for" a sex assault by working late at night in a secluded lab.

It's women being interrogated before an abortion.

Mad Men is a mirror, and if we look into it, we will see that our turmoil is as it always has been.

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.

Metro Online Poll Results

58% SAID BlackBerry	Where do your smartphone loyalties lie? *Weigh in on today's question at metronews.ca*	42% SAID iPhone

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Hewitt dead at 86

Don Hewitt, the creator of the groundbreaking CBS News program 60 Minutes, and one of the most influential behind-the-scenes figures in U.S. journalism, died yesterday at 86. REUTERS

World

Karzai defiant on vote

Afghan president says Taliban will fail to ruin election

Taliban fighters will not wreck Afghanistan's presidential election, President Hamid Karzai said hours before polls opened, after fighters clashed with police in the centre of Kabul and threatened to shut the country's roads.

OMAR SOBHANI/REUTERS

An Afghan soldier keeps watch as a man passes a checkpoint in Kandahar yesterday.

"I hope that our countrymen, millions of them will come and vote for country's stability, for the country's peace, for the country's progress," Karzai said last night after a small ceremony for the country's Independence Day holiday.

"Enemies will do their best, but it won't help."

Earlier yesterday, gunmen stormed a bank building in central Kabul and battled police for hours in what the Taliban said was one of many attacks it had planned for the capital.

The brazen early morning raid was the third major attack in Kabul in five days, shattering the calm in a city which had been secure for months but is now tense and dotted with checkpoints.

Polls show Karzai leading but likely to fall short of the outright majority needed to avoid an October run-off, after his main challenger, ex-foreign minister Abdullah Abdullah, ran a stronger than expected campaign.

Violence could raise the chance of a run-off by suppressing turnout in southern areas where Karzai draws his support — or even jeopardize the legitimacy of the poll altogether.

In southern Kandahar province — Karzai's home and the birthplace of the Taliban — two election workers were killed in a bomb blast, an election official said.

Fearing more election-related violence, officials in Kandahar city said they would close roads to normal traffic for today's poll, allowing only election workers and observers, vehicles transporting voters, and the media to travel freely.

In a statement on a Taliban website, the Islamist group said 20 suicide bombers had infiltrated the capital, preparing attacks to thwart the election. REUTERS

Iraq suffers deadliest day of '09

TERROR A series of blasts in Baghdad killed 95 people and wounded 536 in Iraq's bloodiest day this year, prompting a rare admission of culpability from Iraqi security forces struggling to cope without U.S. help.

95 People killed in six separate attacks in Iraq yesterday.

At least six blasts struck near government ministries and other targets at the heart of Iraq's Shiite-led administration, weeks after U.S. combat troops withdrew from urban centres in June, thrusting Iraq's security forces into the lead role.

"We must face the facts. We must admit our mistakes, just as we celebrate our victories," Defence Ministry spokesman Major General Mohammed al-Askari told a group of U.S. and Iraqi military officials yesterday.

His comments echoed earlier remarks by Baghdad's security spokesman, Maj.-Gen. Qassim al-Moussawi.

"This operation shows negligence, and is considered a security breach for which Iraqi forces must take most of the blame," Moussawi told Iraqiya state television.

The sectarian war that hit Iraq after the 2003 U.S. invasion has abated and Iraq celebrated the restoration of its sovereignty in June when U.S. troops withdrew from cities. REUTERS

UN criticizes Afghan law

WOMEN'S RIGHTS A new family law ratified by Afghan President Hamid Karzai last month falls short of his country's international commitments on women's rights and should be revised quickly, the United Nations said yesterday.

President Hamid Karzai, who approved the law earlier this year, was forced to review the decision after the law, on family rights for the country's Shiite minority, drew wide condemnation over its harsh provisions on women.

U.S. President Barack Obama called the law "abhorrent."

The law says women should satisfy their husband's sexual appetites, an article which critics have said could be used to justify marital rape and which provoked an outcry from Afghanistan's Western allies and rights groups around the world. REUTERS

News in brief

IRAN President Mahmoud Ahmadinejad addresses the nation today to present a cabinet expected to include a relative novice as oil minister, but he may face a tough battle to win parliament's approval. Adviser Iraj Nadimi said the president would propose Manouchehr Mottaki stays as foreign minister. Official news agency IRNA's incomplete list includes three women, which would be the first time that women would hold ministerial positions in the Islamic Republic. REUTERS

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Drugmaker sues paper over "sensational" claims

Generic drugmaker Mylan Inc. has sued the Pittsburgh Post-Gazette newspaper over what it called "sensational and misleading" articles alleging that workers had overridden controls intended to ensure the safety and efficacy of prescription drugs. REUTERS

Business

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Ottawa to OK Nortel deal?

Canada is not likely to block Nortel Networks' (NRTLQ.PK) planned $1.13-billion sale of wireless assets to Sweden's Ericsson (ERICb.ST), the Globe and Mail reported on its website.

The Canadian government is evaluating the deal based on the balance sheet value of the assets, which Nortel says is $149 million according to the paper.

The Investment Canada Act normally requires a government review for foreign takeovers of a Canadian business worth more than $312 million.

Canadian BlackBerry maker Research In Motion has lobbied the government to block the sale. RIM argues that keeping Nortel's technology in Canada is vital to national security.

The sale will only be stopped if the Canadian government has national security concerns or if it concludes that Nortel grossly undervalued the assets on its books, the paper said.

REUTERS

Opel may receive aid from Berlin if Magna takes over

AUTO Germany may provide 4.5 billion euros ($7 billion) in state aid for carmaker Opel if General Motors chooses Canada's Magna, Berlin's favoured suitor, as the buyer.

The last-ditch offer would see the federal government and German states with Opel plants split the initial aid bill without waiting for other European countries that have GM sites to chip in, Deputy Economy Minister Jochen Homann said.

Offer

- Asked if the same offer would be extended to Magna's rival bidder, Belgian financial group RHJ, Homann said: "The question doesn't arise, because the German government has a preference for Magna's improved offer."

"We could envisage making a loan available, then later agreeing precisely how the costs are to be shared out with the other European countries," Homann — who heads the government's Opel task force — told Reuters.

Others such as Britain, Spain, Poland and Belgium could contribute once the degree of their further involvement in GM's European operations, which employs some 50,000 in Europe, became clear.

REUTERS

Inflation drops, but deflation not likely: Analysts

ECONOMY Consumer prices in Canada fell at the steepest rate in 56 years in July due to a sharp decline in energy costs, but analysts said yesterday there was little risk of prolonged deflation.

Overall prices dropped 0.9 per cent year-on-year in July, according to Statistics Canada, reflecting a 23.4 per cent swoon in energy prices.

The drop largely reflected a 28.3 per cent decline in gasoline prices from July 2008, a trend that analysts said would soon reverse.

Economists had expected a 0.8 per cent decline in overall prices in July from July 2008.

The actual figure — the steepest drop since the 1.4 per cent fall recorded in July 1953 — is far weaker than the Bank of Canada's target range of around two per cent annual inflation.

REUTERS

Business in brief

TAX EVASION More overseas tax havens could turn into traps for tax cheats as the U.S.-Swiss settlement over UBS AG invigorates a campaign to flush out hideaways for illicit or undisclosed money. The long-awaited deal, which sees Switzerland handing over details of some 4,450 UBS bank accounts to a team of U.S. investigators, was finalized yesterday.

REUTERS

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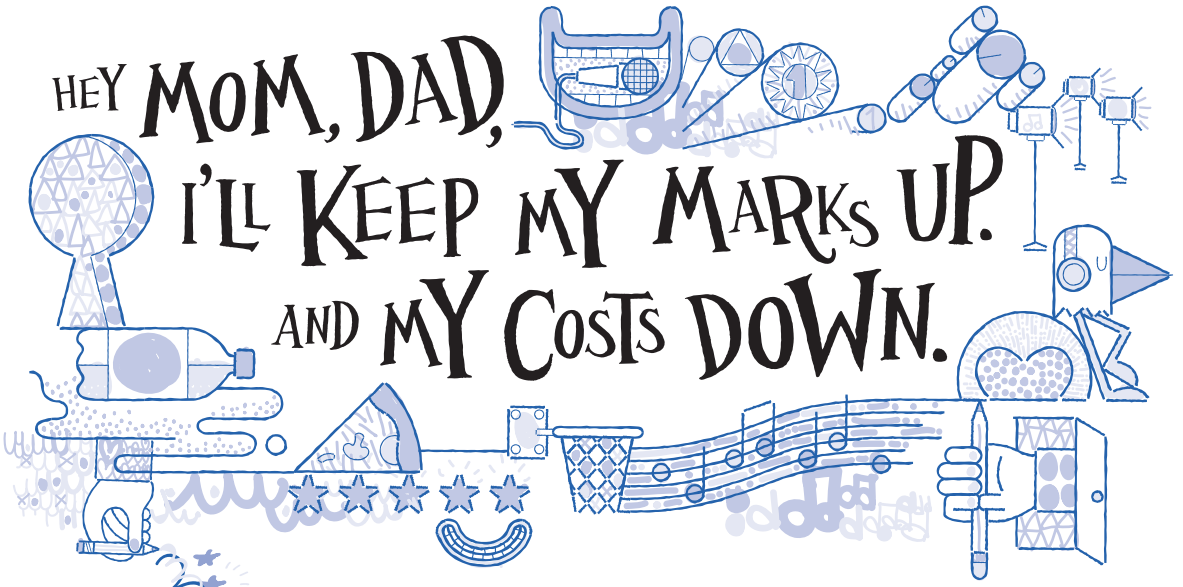

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Smoltz goes from Red Sox to Redbirds

John Smoltz will resume his major-league career, agreeing to a contract with the St. Louis Cardinals. The former Cy Young winner was released Monday by the Boston Red Sox. The 42-year-old Smoltz is expected to join the Cardinals today in San Diego. METRO NEWS SERVICES

Sports

Gender questioned

The IAAF has asked the South African athletics federation to conduct a gender verification test on Caster Semenya, left, amid concerns she does not meet the requirements to compete as a woman. The 18-year-old easily won the 800-metre gold medal yesterday at the world championships. The IAAF says the "extremely complex, difficult" test has been started but the results were not expected for several weeks. METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Hurdles **Silver celebration**

MARK DADSWELL/GETTY IMAGES

Priscilla Lopes-Schliep of Whitby, Ont., celebrates winning the silver medal in the women's 100 metres hurdles final at IAAF World Athletics Championships in Berlin yesterday. Former world champion Perdita Felicien of Pickering, Ont., finished last after getting off to a rough start. Jamaica's Brigitte Foster-Hylton took the gold, while her teammate Delloreen Ennis-London took bronze.

World No. 1 eliminated

Safina crashes out at Rogers Cup

World No. 1 and holder Dinara Safina made an early exit from the Rogers Cup in Toronto yesterday, shocked 3-6, 6-2, 6-4 by 39th ranked Frenchwoman Aravane Rezai.

Safina, eight times a finalist this season including last week in Cincinnati, could not find her feet on the hard-court and contributed to her own demise by serving up 17 double faults.

"Disaster," Safina, close to tears, told reporters. "It's not my serve, it's just my brain. I know exactly what I have to do, but I am not using my brain.

"I just didn't take control of my head. I lost my temper. I had to slow down and I couldn't do the right things. I just went more and more crazy."

"I know exactly what I have to do, but I am not using my brain. I just didn't take control of my head. I lost my temper. I had to slow down and I couldn't do the right things. I just went more and more crazy."
Dinara Safina

The victory was the first win in three visits to Canada for Rezai and earned her a small measure of revenge for the 6-1 6-0 hammering she suffered at the hands of the Russian in the French Open fourth round earlier this year.

It also marks just the second time this season that Safina has lost her opening match.

With third seed Venus Williams also stumbling out it opens up the side of the draw for two former-world No. 1s on the comeback trail: Maria Sharapova and Kim Clijsters.

Sharapova, working her way back to top form after nine months recovering from shoulder surgery, booked her place in the last 16 with a 6-3, 7-6 win over Austria's Sybille Bammer, while 2005 Rogers Cup champion Clijsters later beat No. 9 Victoria Azarenka 7-5, 4-6, 6-1.

Fourth seeded Russian Elena Dementieva eased into the next round, dismissing Japan's Ai Sugiyama 6-3, 6-2. REUTERS

BoSox gets best of Doc

MLB RESULTS

Boston 6 Toronto 1

BOSTON RED SOX AT TORONTO BLUE JAYS

BASEBALL Clay Buchholz outpitched the man he was almost traded for several weeks ago, as the Red Sox knocked around Roy Halladay in a 6-1 victory over the Blue Jays.

Buchholz (2-3) gave up a run on six hits through six innings, while Halladay (13-6) was touched for five runs — four earned — on eight hits and two walks in just five frames.

David Ortiz, Jason Bay and Victor Martinez each homered, while Alex Gonzalez went 2-for-4 with a run scored and an RBI for the Sox, who have split their last six games.

Vernon Wells had two hits and knocked in the only run for the Jays, who have dropped the first two meetings of this three-game set and four straight overall.

Aaron Hill scored on Wells' opposite-field single to right in the fourth for Toronto's only tally.

Seattle 3 Detroit 1 — Ichiro Suzuki went 2-for-4 with a two-run homer and Ian Snell picked up his first win in a Seattle uniform, as the Mariners downed the Tigers.

Snell (1-1) was effective in 5⅔ innings, giving up one run on four hits and three walks.

Josh Wilson went 2-for-4 with an RBI and a run scored for Seattle, which had lost four of five coming in. Michael Saunders had a pair of hits and scored once for the victors.

METRO NEWS SERVICES

Kane indicted on two charges, but robbery charge is dropped

NHL Chicago Blackhawks forward Patrick Kane has been indicted on charges of third-degree assault and theft of services, both misdemeanours, and harassment.

Kane and his cousin, James Kane, were arrested on Aug. 9 following a dispute with a Buffalo cab driver. Jan Radecki told the police he was punched in the face and grabbed by the throat after he couldn't provide twenty cents worth of change for their fare.

Erie County District Attorney Frank A. Sedita III announced yesterday that the grand jury dismissed a more serious felony charge of second-degree robbery. Both Kanes are expected to be arraigned this afternoon.

Patrick Kane, 20, was the first overall pick in the 2007 NHL Draft. The South Buffalo native was coming off his second season with the Blackhawks, compiling 25 goals and 45 assists.

METRO NEWS SERVICES

Sports in brief

NHL The Carolina Hurricanes added veteran depth yesterday by inking centre Stephane Yelle to a one-year contract. The 35-year-old registered seven goals and 11 assists in 77 games last season for Boston.

TENNIS World No. 1 Roger Federer was a predictable second-round winner yesterday at the Cincinnati Masters. The 15-time major champion handled Argentine Jose Acasuso 6-3, 7-5.

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SCOREBOARD

MLB

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YESTERDAY

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Colorado 5 Washington 4
Philadelphia 8 Arizona 1
Pittsburgh 3 Milwaukee 1
San Francisco 1 Cincinnati 0
Houston 6 Florida 3
Chicago Cubs 7 San Diego 1
St. Louis at L.A. Dodgers

TODAY

San Francisco at Cincinnati
Arizona at Philadelphia
Colorado at Washington
Atlanta at N.Y. Mets
Florida at Houston
St. Louis at San Diego
Chicago Cubs at L.A. Dodgers

AMERICAN LEAGUE

YESTERDAY

Boston 6 Toronto 1
Chicago White Sox 4 Kansas City 2
L.A. Angels 3 Cleveland 0
Seattle 3 Detroit 1
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Minnesota 5 Texas 4
N.Y. Yankees 3 Oakland 2

TODAY

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L.A. Angels at Cleveland
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Back To School

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METRO NEWS SERVICES

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Ahead of the class

JANINE FALCON
for Metro Canada

Besides undermining your standout personality, sloppy sweats encourage that "freshman 20," the annual bloat that afflicts more than first-year kids. Do yourself a style favour: live campus life like the paparazzi is around the corner and you're an off-duty celeb.

"Models like Lara Stone and Erin Wasson have mastered the look — think ripped jeans, leather moto jackets and combat boots — while "it girls" Kate Bosworth, Alexa Chung and Rachel Bilson know how to look fab even at the airport, in fedoras, scarves, boyfriend jeans and long vests," says StyleHog.com editor and stylist Julia Seidl, who works with CosmoTV's Oh So Cosmo crew.

Here are some tips on what you need to up your class level this fall:

Denim

If any jeans are designed for sitting in a three-hour lecture, the boyfriend jeans are it. Fans of a closer fit can find comfort, too, with denim like Canadian brand Parasuco's all-directions-stretch 8-Halle skinny jeans. Seidl says distressed skinnies are also hot — "anything with well-placed holes, frays, even doodles" — and washes from pale grey to acid to light blue to almost black.

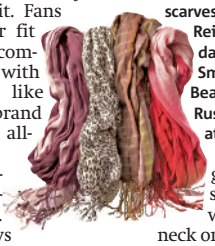
These Parasuco 8-Halle stretch skinny jeans, top, are $110 at parasuco.com, while the Levis 501 Boyfriend Jeans Timeless Wash retail for $98.

Jackets

The moto jacket shares the fashion spotlight with oversized, slightly baggy boyfriend blazers. "Wear either one with skinny jeans, leggings, big boots or ballet flats," says Seidl. "A plain white tee, long single pendant necklace and a slouchy toque completes the outfit."

Guy style

Fellows, if you must wear golf shirts, go for one with dash, like the Trip golf shirt from hot Canadian company Quagmire. Seidl's top guy choices are a simple V-neck white tee, a grey V-neck or shawl-collar cardigan, slim, skinny or straight-leg jeans, plus shirts in stripes or plaid with rolled-up sleeves. Good lookin' shoes help, too.



Accessorize your outfit with scarves ($15 each at Reitmans), left, a pendant necklace ($12 at Smart Set) and a Beach Bucket Bag in Rustler Leather ($248 at Roots), below.

Boots and booties

"Thigh-high leather boots were all over the fall's catwalks, but most students can't shell out $500," says Seidl, who is all about runway fashion on a budget. Instead go for flat, leather knee-high boots, granny ankle boots that are kicking it big with the likes of Sienna Miller and Zoe Cravit, and all-buckled-up motorcycle boots. "High-heeled booties, open or closed toe, can take your outfit from class to a night out, too," she says.

Accessories

A good quality, honking big handbag that can double as a books bag is a must. And stock up on chunky chokers, bib necklaces, cocktail rings, hats, scarves and belts, all for daytime as well as night. "Never leave the house without at least two accessories," says Seidl. "They're the cheapest and easiest way to make any outfit more current," she adds.

Gap Always Skinny Jeans, $79.50, and denim jacket, $69.50.

Clockwise from top: Boyfriend blazer by Sears Attitude, $89.99; classic men's cardigan by Joe Fresh, $29; and Men's Trip Golf Shirt by Quagmire, $75.

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THE HAT: A gift from my friend's closet. Sometimes he has better style than I do.

THE JACKET: I got this from a thrift shop on Queen Street when I was 16. Best five bucks I ever spent.

THE TANK: Another thrift store special. It's one of my staples.

THE NECKLACE: When it comes to accessories, I say go big or go home.

THE PHONE: The Samsung Link™ from Bell. It's easy to use and it matches my style. Awesome.

THE JEANS: I love these jeans. The colour is awesome and I can still bust a move in them.

THE SHOES: There are some things I just can't resist. Shoes are one of them. These were so hot I had to have them.

PREETI, Toronto

PREETI'S LOOK: Urban retro. This fashion daredevil doesn't do anything by halves. She loves primary colours, music and dancing, and you can see it in her style. She's a self-proclaimed "feminine tomboy." Baggy jeans with heels? She'll go there. She laughed in the face of the boy who asked why she doesn't wear more dresses, and flatly refuses to work anywhere with a dress code.

Supplies go green

KATHY BUCKWORTH
for Metro Canada

These Hilroy exercise books ($0.95 each) are made with recycled paper. The Enviro-Plus binders, left, come in many colours ($5.99 each). For store locations, go to hilroy.ca.

Kids are usually less than thrilled about back-to-school shopping, but this year mine were excited when they saw the new eco-friendly products.

Is it the appeal of saving trees and using recyclable newspapers? Somewhat. Most kids today know how important it is to be good to the environment, but let's face it, kids are kids, and they like things on an aesthetic level as well.

"Smell this!" yelled seven-year-old Nicholas, as he thrust out one of 10 "Gourmet Scented Pencils" (or "smencils"). Made from 100 per cent recycled newspaper, this is just one of the products found at Indigo. Their Pistachio lineup includes notebooks made with 100 per cent post-consumer recycled products, and even staple-free staplers.

"Little changes can make a big difference for the environment, and it's important for consumers to know their options and understand the environmental impact of the products they're selecting during the busy back-to-school shopping season," said Michelle White, director of sustainability at Indigo.

Hilroy offers notebooks as well as Recycled Ruled Sheets, in their Enviro-Plus line.

"Hilroy's eco-friendly products give students the chance to start making a difference with small changes," says Samantha Hindmarch, director of marketing at Hilroy. Hilroy also has a website to teach kids about going green (hilroy.ca /spreadtheword).

At Staples, there are biodegradable folders, bamboo USB keys, pencils made from recycled cedar, and scissors with handles made with 70 per cent recycled plastic.

With so many options available, the only decision the kids will have to make is where to shop first — and who gets the window seat on the school bus.

The bamboo 4GB USB key, top, is $24.95 at Staples (staples.ca). The scented pencils, right, are $14.99 at Indigo (indigo.ca).

This eco-stapler, which is available at Indigo (indigo.ca) for $6.99, also comes in purple, orange, green, clear and silver.

Kids' fashion a blast from past

NOELLE MUNARETTO
for Metro Canada

Before the classroom bells toll next month, parents will be scouring the stores in search of the latest back-to-school gear.

Fashion experts reveal certain styles will reign supreme in the schoolyard, and offer their tips for putting together your child's updated wardrobe.

"Kids often get really excited about what they are going to wear for the first day back at school, so it's a key time to have all of the latest trends available," said Karen Richter, H&M Canada's showroom manager.

This leather jacket is available at H&M (hm.com).

For those just starting to pick out pieces, Richter said it's important to keep layering in mind.

"This way kids stay warm, but can also easily shed pieces once inside," she said.

The rock'n'roll look is in this season, so why not try this graphic T-shirt and plaid skirt ensemble? Both are available at the Bay.

Prior to venturing into the malls, take stock of what your kids have and create a shopping list.

Suzanne Timmins, fashion director for the Hudson's Bay Company, said there are certain back-to-school must-haves for boys and girls.

"It's all that Rock Band style, punk rock, and grunge mixed with jeans that are slimmer and slimmer," said Timmins of boys' trends. "It's Jonas Brothers style. Very rock'n'rolla."

That means graphic-printed tees, grey-black skinny jeans, the modern plaid shirt, 1980s-influenced colours, and high-top sneakers are all on the top of the list for guys.

For girls, Timmins said the 1980s trends continue.

"Key for all girl age groups are leggings," said Timmins. "They can be layered under skirts and T-shirts."

Also popular for girls are skinny jeans in juicy-toned bright colours, long cardigans, hoodies, and preppy accessories like ribbon headbands.

Even today's fashion-conscious tweens are taking back-to-school style cues from upper years.

"Tweens often like to dress more like their older siblings, so customers will find that many styles from our adult department have trickled down into the kids department," said Richter. "Leather motorcycle jackets, distressed denim and graphic rock tees have been quite popular."

Frances Gunn, an assistant professor at Ryerson University's Ted Rogers School of Retail Management, said that in this year's economy, parents are more likely to spend conservatively when it comes to back-to-school shopping.

On the upside, he said parents looking to stay on a back-to-school budget will notice retailers giving them a break.

"You'll probably be looking later in the season for the best deals," he said.

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This GET Printed Backpack ($14.99 at Shoppers Drug Mart) includes a pocket with headphones port and a side mesh bottle holder. METRO NEWS SERVICES

Tech goodies for every student

RAFAEL BRUSILOW
for Metro Canada

Class is creeping closer so make sure you're prepared with the right tech goodies to get you started (or at least enjoy the final waning days of summer).

Artistic and smart

With advanced autofocus tracking to keep moving objects sharp, a super-wide-angle zoom lens and creative in-camera filters, the **Olympus FE series** offers some feature-loaded camera for the buck. The three cameras in the series, available in a variety of pastel colours and ranging in price from $129.99-$189.99, offer the same 12-megapixel capability and a powerful Intelligent Auto setting that adjusts for shadows and decides which scene setting to use, doing the hard thinking for you and letting you focus instead on getting great shots. Fun "Magic Filters" let you take distinctive shots quickly that simulate a fish-eye lens effect, the look of a pinhole camera, wedding-ready photos with softened edges or even Warhol-esque pop art-style photos with enhanced, saturated colours — perfect for a hip Facebook profile pic.

Sports warrior

Both waterproof and sand-proof, the **Fuji Z33WP Waterproof Whiz** 10-megapixel camera is the perfect beach buddy for capturing the last fun moments of summer. The camera, which retails for $229.99, comes in four colours: green, pink, blue and black. Built-in face detection technology keeps focus sharp in group shots and Intelligent Scene Recognition ensures the best possible pictures no matter what kind of light you shoot in. A Blog Mode also offers an optimal way to quickly shoot and upload photos to sites like Twitter and Facebook, meaning it's never been easier to reveal to the online world just how out-of-shape (and unaware of it) your friends are.

Touch or type

The **Motorola Rival A455** features two seemingly contradictory, yet highly convenient, features: a sliding faceplate that reveals a full-stocked QWERTY keyboard for texting, and a touch-sensitive screen for quick operation. It's a snazzy phone that features all of the regular trappings — 2 megapixel camera, MP3 player and support for instant messaging and online email. Available on the Telus network for $99.99 with a three-year contract, the phone is a solid choice that lies snugly between touch-only iPhones or type-only BlackBerrys.

No signal? No problem

Since weak signals and per-minute charges have been the bane of all cheapskates and travellers since the invention of the cellphone, the **Nokia 7510** flip-phone definitely goes against the tide. Available on for $49.99 with a three-year contract at Rogers Wireless, this Wi-Fi enabled phone features the ability to talk through a wireless Internet hotspot (via UMA technology) instead of on the regular network — meaning you could chat for free, even without a cellphone signal, as long as you had wireless Internet access nearby. Students will love the fact that the phone can take a call on their wireless connection in their dorm room and seamlessly switch to the GSM network when they walk outside without dropping the call.

Simple data transfer

Lovers of the iPod and iPhone might just fall in love with the cute, convenient little **Clickfree Transformer SE** ($49.99-$79.99 at clickfree.com). It connects to your iPod or iPhone through the USB connection and lets you use the massive left-over storage space on your device or transfer new music files without risking deleting any existing files, all without having to connect through a computer or use any special software. It also backs up your MP3 and data files on your iPhone or iPod with ease and can even be used to extract data should your device (or its battery) decide to head for tech-heaven a little too soon.

Make a statement

Printing from the palm of your hand can be both fun and practical with the **Wasabi Ultramobile Photo Printer** (starts at $189, but is currently available for $99 at dell.ca). Small enough to hold in one hand, the Wasabi can connect to your mobile phone or other wireless devices through Bluetooth or a regular USB connection. The printer uses no ink at all, instead printing two- by three-inch photos on special ZINK paper, which has colour crystals embedded into it that get heated by the printer to create photos. It holds up to 12 ZINK sheets, which come on an adhesive backing, ready for sticking inside lockers or onto binders.

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Metro Homes

Time is of the Essence

Graham and Broawn has released a new line of wallpaper called Essence. These trend-inspired patterns offer an intense dichotomy between bold stripes and delicate florals in crimson, charcoals, duck eggs and creams. Shown here is Alum in damson and gold. See grahambrown.com.

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

5-year variable mortgage rates
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BMO	CIBC	HSBC	ICICI	ING	RBC	Scotia	TD	Broker
2.65%	2.65%	2.70%	3.50%	2.65%	2.65%	2.65%	2.65%	2.55%

Sky-high ceilings in Queensborough

A new development in New Westminster is offering homebuyers "bigger living" in an area with a strong sense of community.

Via, located in the heart of Queensborough by Boffo Developments, is a collection of large two-bedroom plus den and three-bedroom homes ranging in size from 1,144- to 1,240-square-feet.

Sales manager Alana Bertini said the spacious homes are a great value — they start in the mid $300,000s.

"You'll find nine-foot ceilings throughout, and the top floor suites have 10-foot ceilings — some vaulted up to 13 feet," she said.

The balconies are also large, with some of the second-floor terraces covering up to 667-square-feet.

See it yourself!

- The presentation centre is open 12-5 p.m. daily (except Fridays) at 1032 Ewen Ave. (At Howes) in Queensborough. For more information call 604-521-3663 or visit viahomes.ca.

Brad Marko, Boffo's acquisition manager, said families are increasingly attracted to Queensborough for the safe neighbourhood, two excellent schools, the community centre and acres of protected parkland with riverside trails.

"As the community continues to develop with the City's Official Community Plan, the potential for price growth is hard to ignore," Marko added.

Seen here are some shots from Boffo's Via development in New Westminster.

Inside, the homes include high-quality hardwood laminate flooring, gas fireplaces, soaker tubs and oversized walk-in showers.

There are also granite countertops throughout, stainless appliances including a side-by-side fridge with water/ice dispenser, a dual-fuel range (gas cooktop and electric convection oven), and a separate 65-bottle wine fridge.

Via has 36 condominium homes in a range of floor plans. The move-in date is scheduled for October. FOR METRO VANCOUVER

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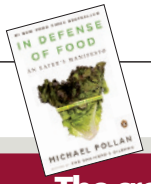


It just keeps going ...
In Defense of Food: An Eater's Manifesto by Michael Pollan remains at the top of the bestseller's list for cookbooks on Amazon.ca. Jamie's Food Revolution came in second and Gordon Ramsay's Healthy Appetite was third. METRO NEWS SERVICES

Food

The croquette (from the French croquer, "to crunch") was a French invention that gained worldwide popularity, both as a delicacy and as a fast food. METRO NEWS SERVICES

Worldwide

Croquette varieties can be found all over the world, including Mexico, Germany, Brazil, Portugal, Russia, Spain, Poland and the Philippines.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Croquettes and cobbler

Chicken Croquettes with Creamy Gravy

SERVES 4

INGREDIENTS:
- 3 tbsp (45 ml) butter
- 1 medium-size yellow onion, finely chopped
- 2 tbsp (25 ml) minced parsley
- 1/2 cup (125 ml) all-purpose flour
- 1/4 tsp (1 ml) salt
- 1/8 tsp (0.5 ml) ground cayenne pepper
- 1/4 cup (50 ml) chicken broth
- 2 tbsp (25 ml) 1% milk
- 1 1/2 cups (375 ml) ground cooked chicken breast
- 1/3 cup (75 ml) plain or seasoned fine dry bread crumbs
- 1 large egg, lightly beaten
- 1/2 cup (125 ml) plain or seasoned fine dry bread crumbs
- 1 cup creamy gravy (see below)

METHOD:

In small pot, melt butter over moderate heat. Add onion and cook 5 minutes or until tender. Stir in parsley. In small bowl, combine flour, salt and cayenne pepper. Stir into mixture in pot. Cook 1 minute or until bubbly. Add chicken broth and milk. Cook, stirring constantly, until mixture starts to thicken. Cook and stir 2 minutes more or until thickened.

Pour mixture into large bowl. Stir in ground chicken and 1/3 cup (75 ml) bread crumbs. Cover and refrigerate 1 hour. With hands, shape 1/4 cup (50 ml) of mixture into 3/4-inch (2-cm) thick patty. Repeat with remaining mixture to form total of 8 patties.

Preheat oven to 375 F(190 C). Place egg in shallow dish. Place 1/2 cup (125 ml) bread crumbs on sheet of wax paper. Coat patties with bread crumbs, then dip in egg and coat again with crumbs. Arrange patties in lightly greased shallow baking pan. Bake 25 to 30 minutes or until patties are golden and heated through. Serve with Creamy Gravy.

Chicken Croquettes with Creamy Gravy

Creamy Gravy:

In small pot, melt 1 tbsp (15 ml) butter over moderate heat. Whisk in 2 tbsp (25 ml) all-purpose four, 1/2 tsp (2 ml) dried basil, 1/4 tsp (1 ml) salt and dash of pepper. Cook 1 minute or until bubbly. Add 1 cup (250 ml) 1% milk. Cook, whisking constantly, until thickened.

Peach Cobbler

Peach Cobbler

SERVES 4

INGREDIENTS:
- 1 cup (250 ml) peach nectar, apricot nectar or apple juice
- 1/3 cup (75 ml) sugar
- 4 tsp (20 ml) all-purpose four
- 1/2 tsp (2 ml) ground nutmeg
- 3 cups (750 ml) sliced and peeled peaches
- 1/2 tsp (2 ml) lemon juice
- 2/3 cup (150 ml) all-purpose flour
- 2 tbsp (25 ml) old-fashioned or quick-cooking rolled oats
- 2 tbsp (25 ml) sugar
- 1 tsp (5 ml) baking powder
- 2 tbsp (25 ml) butter
- 2 tbsp (25 ml) 1% milk
- 1 large egg white

METHOD:

Preheat oven to 400°F (200 C). In medium-sized pot, whisk peach nectar, 1/3 cup (75 ml) sugar 4 tsp (20 ml) flour and 1/4 tsp (1 ml) nutmeg. Cook over moderate heat, whisking constantly, until starts to thicken. Cook and whisk 2 minutes more, until well thickened. Stir in peaches and lemon rind. Cook until bubbly. Keep warm.

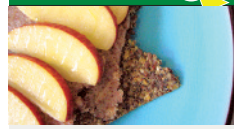
In medium bowl, stir 2/3 cup (150 ml) flour, oats, 2 tbsp (25 ml) sugar, baking powder and 1/4 tsp (1 ml) nutmeg. Using pastry blender or two knives, cut butter in until mixture resembles coarse crumbs. In small bowl, combine milk and egg white. Add to oat mixture and stir until dough forms.

Spoon hot peach mixture into 9-in. (23-cm) round baking pan. Spoon dough into 4 even mounds on top of hot peach mixture. Bake 18 to 22 minutes, or until toothpick inserted into mound comes out clean. Serve with whipped cream.

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

On the web



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- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Visit metronews.ca/globalpeasant for a recipe for really easy raw peanut butter.

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Ricardo: Meals for Every Occasion (Whitecap, 2009) is available at Amazon.ca for $22.05. Chapters include Oh No! They're Sleeping Over!, Honey, I Invited the Boss for Dinner and Guys Don't Read Recipes. METRO NEWS SERVICES

Have Ricardo every night

Celebrity chef offers recipe solutions for all your needs

Often called "Quebec's answer to Jamie Oliver," Ricardo has made quite an impact on Canadian audiences with his hit show Ricardo & Friends on Food Network Canada and his book Weekend Cooking.

In his book Ricardo: Meals for Every Occasion, he shares his fail-proof meal plans and mouthwatering yet simple recipes, which have helped get him out of many entertaining-related binds.

Whether you're having the boss over for dinner, hosting the guys on poker night, or making the perfect brunch for overnight guests, Ricardo helps takes the intimidation factor out of entertaining. By grouping the recipes into sections according to the occasion, Ricardo makes sure you have a a choice of surefire ways to suit any entertaining need.

Metro nabbed this satisfying burger from Ricardo: Meals for Every Occasion (Whitecap, 2009) to sink your teeth into. Great for the barbecue.

American-Style Double Cheeseburgers

INGREDIENTS:

Sauce:

- 3/4 cup (180 ml) mayonnaise
- 1/4 cup (60 ml) finely chopped onion
- 1 Tbsp (15 ml) store-bought French salad dressing (orange coloured)
- 1 Tbsp (15 ml) sweet relish
- 1 Tbsp (15 ml) finely chopped dill pickle
- 1 tsp (5 ml) brown sugar
- 1 tsp (5 ml) ketchup
- 1 tsp (5 ml) white vinegar
- Salt and pepper

Cheeseburgers:

- 4 hamburger buns
- 1 1/2 lb (675 g) lean ground beef
- 4 slices orange processed cheese
- Sliced sandwich pickles
- Chopped iceberg lettuce

METHOD:

Sauce:

In a bowl, combine all the ingredients. Season with salt and pepper. Refrigerate.

American-Style Double Cheeseburgers

Cheeseburgers:

Preheat the barbecue, setting the burners to high.

Using a bread knife, slice the top halves of the hamburger buns in half. Set aside.

Shape the meat into 8 large but very thin patties. Tip: Place the patties between sheets of plastic wrap and flatten by sliding your hand over the top layer.

Grill the patties until well-done, about 3 minutes per side. Season with salt and pepper. Place the cheese slices on 4 of the patties for the last minute of cooking. Toast the buns.

Assembly:

Spread sauce on the bun bottoms. Lay 1 plain patty on each bun bottom. Garnish with pickle slices. Cover with the bun middles. Spread with sauce and garnish with lettuce. Top with the remaining patties and the bun tops.

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

Last call for grilling glory

To misquote '80s poetic powerhouse Bananarama: "It's been a cruel, cruel summer." Well, with the sun beginning to set on summer I'm going to hang out on my deck and barbecue something this weekend even if hurricane whoever decides to descend on my little piece of Canada.

Of course this determination allows me another crack at offering a few more red wine recommendations to wash down grilled meat.

Having visited Chile in the spring I gained a lot of respect for the carmenère grape. Tasting like the love child of merlot and cabernet sauvignon, its ripe, bright berry fruit flavour shows accents of chocolate and deep plum that's typified by the smoothly accessible **Concha y Toro Casillero del Diablo 2007 Carmenère ($12.95 - $13.97)**.

Miguel Torres' **2006 Sangre de Toro ($11.95 - $14.28)** is a spicy blend of garnacha and cariñena that layers earthy black fruits over silky tannins which makes it a perfect partner for a beefed-up entrée cooked over the coals.

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Seven Stones at Senova
On Tuesday, Aug. 25, join George and Vivian Hanson of the Similkameen's Seven Stones Winery at Senova Restaurant (1864 West 57 Ave.) for a five-course winemaker's dinner. Tickets $79. Call 604-266-8643 for reservations and menu details. METRO NEWS SERVICES

Urban Foodie

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Rating: ●●●
Dinner & drinks for 2: $25

Forty years ago, if you were in the mood for a hefty Rueben or some matzoh ball soup, this was the place to go. Over the decades, Max's has morphed into the kind of place that puts samosas next to Texas barbecue, and has nixed the rugelach in favour of blueberry tarts and strawberry trifles.

Max's is celebrating its 60th anniversary this year, which gave me an excuse to drop by. A few visits garnered some mixed results.

On the web

- Read the full article online at metronews.ca/vancouver/columnist/40411.
- Chew more on Anya's blog at metronews.ca/vancouver/blog/136310.

A natural levain loaf ($5.49) was dense, chewy and had the barest hint of rye in its makeup. "Ciabatta" ($4.39), on the other hand, was simply white bread with a bit of extra salt. The texture and flavour was nice, but all wrong for this traditionally more porous bread.

Deli items are made fresh daily and priced by weight, so a chicken quarter can run you three bucks, while a rack of ribs can start at $15. Some items, like lemon-ginger chicken, were flavourful, tender and moist, while others, like the veggie samosa, felt a little dried out. A hot turkey sandwich reminded me of something I'd had recently at Carnegie's Deli in New York, except the size was more manageable — I almost finished this one.

ANYA LEVYKH/SEE VANCOUVER
Desserts on display at Max's on Oak.

A 'Tribute' to Chardonnay and Champions

Sumac Ridge Estate Winery has just released its Tribute sparkling wine, of which a portion of all proceeds will go to support Canadian Olympic athletes in 2010. This VQA bottle is 100 per cent Chardonnay, with pale citrusy aromas over a strong apple and stone fruit palate. The finish is a bit sharp on the tongue, so be sure to chill properly. BCLS $30.

Dining out

BRUNCH À LA BRASSERIE
La Brasserie (1091 Davie St.) is now open for brunch, but forget the eggs Benny. This menu is in keeping with the Franco-German restaurant, so look for the likes of raw oysters, pain perdu, red-wine-poached eggs, and truffled poutine. Weekends, 10 a.m. to 3 p.m. Visit labrasserievancouver.com.

GET SCHLOSS-ED AT AU PETIT
On Sept. 3 at 5:30 p.m., Au Petit Chavignol (843 East Hastings St.) will host Andrea Besslich of Schloss Reinhartshausen for a meal of German wines and cheeses, plus some coq au vin and crème brulée from Au Petit chef Brad Miller. Tickets $65. Call 604-255-4218 or visit aupetitchavignol.com

In brief

SO.CIAL at Le Magasin has a new executive chef and GM, both poached from C Restaurant. Chef Harman Gill has worked in several Michelin-starred restaurants in Europe, while GM Jim Bateman has done stints with the Sequoia and Glowbal restaurants.

MIS TRUCOS, a modern Mediterranean tapas bar from chef/owner Kris Barnholden, opens at 1141 Davie St.

ADVERTISING FEATURE

Urban Eats

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Star power purses
Step out in style with the new Town Shoes Red Carpet collection. It features three distinct leather and vegan purses that retail between $89.95 and $148. Visit townshoes.com for a store near you. METRO NEWS SERVICES

Style

Wal-Mart goes upscale

Wal-Mart Stores Inc is rolling out a new line of cosmetics by Hard Candy, hoping to dazzle shoppers with glitter eye shadow and volumizing mascara by a brand that is sold at more upscale retailers, like Sephora. The new line — being made specifically for Wal-Mart — will be introduced in 3,000 of its U.S. stores in September. It will be rolled out internationally next spring. Cosmetics will range from price from $5 to $10. REUTERS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Maxi-mize

Time to snap a maxi dress off the sales rack

JANINE FALCON
for Metro Canada

"Look for something that skims your figure rather than clings."
Afiya Francisco, TheStyleHouse.ca

If you think you're too late to try the airy maxi dress, don't worry — summer was late too.

In fact, now's the time to pick one up if you don't already have one; end-of-season sales have a lot to offer at great prices. And you don't have to be genetically blessed with a model figure to wear one.

"Look for something that skims your figure rather than clings," advises style expert Afiya Francisco of TheStyleHouse.ca. If you're a little tummy conscious, an empire waist works nicely in your favour because it helps conceal less-than-taut abs.

If you have more of an apple body shape, look for a style with minimal gathers where the waistband meets the skirt, and make sure the skirt isn't too full.

Voluminous skirts are also a "don't" if you're petite, Francisco adds.

If you have a generous bustline, or wear size 12 or better, shun spaghetti straps and strapless versions, which will make you look heavier than you are. Instead look for dresses with wider straps or halter necklines; they'll provide a little support and more flattering proportions.

When it comes to stepping out in your maxi dress, "gladiator sandals and oversized sunglasses are ideal for day," according to Francisco. Simplicity is key when it comes to accessories, so think bangles or dangly earrings or a statement necklace. A slouchy tote also strikes the casual note.

For evening, Francisco suggests a clutch and sandals with heels to dress things up.

An unfussy beauty look is best with the maxi-dress trend. New York-based Canadian celeb hair stylist Harry Josh points to Cameron Diaz and Helena Christiansen as examples of today's uncomplicated approach.

According to Josh, a consultant for John Frieda hair care, a shoulder-length cut with lots of layers is key. Through damp hair, distribute mousse such as Frizz Ease Take Charge Style Managing Mousse.

Once hair is dry, add some random waves with a one-inch pro curling iron if you want more texture. With blowdryer and round brush, smooth hair around the face and allow a soft sweep across the forehead. "It's sexy when women shake hair out of the way to see," says Josh. Backcomb a little at the crown for lift and finish with Frizz Ease Moisture Barrier firm-hold flexible hair spray.

Right: Banana Republic maxi dress, $124; Banana Republic stores

Last chance: how to get the look

Silpada Hammered sterling silver bangle ($132). Available at silpada.ca.

Kensie Katie sunglasses ($35). Available at The Bay and select Shoppers Drug Mart Beauty Boutiques.

Silpada rosewood and sterling silver bangle ($95); silpada.ca

Browns sandals ($98); brownsshoes.com

Silpada Hammered sterling silver earrings ($58); silpada.ca.

Joe Fresh maxi dress ($29). Available at Loblaws and SuperStores; joe.ca.

STYLED BY JANINE FALCON

LA rolls out the red carpet for Project Runway

TELEVISION Reality fashion show Project Runway returns to television tonight after 10-month hiatus, hoping to "make it work" on a new channel and in a new city, Los Angeles, that is ripe with red carpet opportunities.

Delayed for months by a dispute between rival networks, the sixth season of the popular fashion design contest comes back with a three-hour time slot on Lifetime Television Aug. 20, along with a companion series about runway models and an all-star challenge with eight favorite designers of the past.

Host Heidi Klum, designer Michael Kors, fashion editor Nina Garcia and urbane mentor Tim Gunn are all back to guide 16 fledgling designers. REUTERS

Kenya's Style
Kenya Hunt
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Ford film up for award

A Single Man, the directorial debut of fashion designer Tom Ford, will head a record 14 films in the third edition of the Queer Lion awards at the Venice Film Festival. The prize is awarded to the best film with a gay plot or subplot. REUTERS

In the bag

Size matters when it comes to reusable shopping totes

JANINE FALCON
for Metro Canada

TREND Re-useable shopping bags from the grocery store work best when you remember to take them from your kitchen to the car to the store. But how many times have you made an unscheduled stop and mentally cursed because the six bags you've accumulated are at home while you're at the checkout? And if you depend on public transport, an impulse or last-minute stop after work means spending a nickel on plastic because you didn't plan to have those grocery bags on hand.

Nylon shopping totes that fold up small enough to keep in your purse are the growing-in-popularity solution to forgotten bags. Aside from being super lightweight, they're strong enough to carry weighty items like milk and laundry detergent in the same load and come in a range of express-yourself colours and patterns.

Top options include MyTagAlongs, Envirosax and Baggu totes, which have little snap-closure straps like umbrellas do to keep them folded neatly; Flip & Tumble 24/7 bags which scrunch down into nifty little balls; and, from clothing retailer Reitmans, roomy bags that fold into compact, Kleenex-package size.

Another plus to purse-friendly nylon shopping bags is easy cleaning: just throw 'em into a mesh laundry bag and in with your cold-water wash.

Left: Reitmans tote ($3); Reitmans stores across Canada.

Right: Baggu tote ($8 US); available at info@baggubag.com.

Right: Flip & Tumble 24/7 tote ($12 US); available at flipandtumble.com.

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American Idol's Jonas bonus
Add a Jonas to the mix of celebrity judges on American Idol. A rep for the Jonas Brothers confirms to People magazine that Joe Jonas will serve as a guest judge in Dallas on Monday. **PEOPLE.COM**

Entertainment

Papa Wayne
Rapper Lil Wayne is expecting two little babies this year, but they're not twins. He is expecting one child with girlfriend Nivea and another with actress Lauren London, MTV.com reports. **POPEATER.COM**

EDITOR: DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Sean Paul cranks club beats

Sean **Paul**

Album: Imperial Blaze
Label: VP/Warner
Rating: ●●●

SEAN PAUL'S FIRST record in four years was apparently going to introduce us to a new socially conscious artist, but instead we get more sexed-up jams. From Birthday Suit to Lace It, this dancehall superstar has shagging on the brain, but in the end his speedy lyrics don't matter. Paul's music is meant for dancing and at that he succeeds again. The record is loaded with club-friendly beats, infectious choruses and hip-shaking grooves. It's nothing spectacular, but it does the job it set out to do.

Bryan Borzykowski/for Metro Canada

Inward **Eye**

Album: Throwing Bricks Instead of Kisses
Label: RCA/Sony Music
Rating: ●●½

THE LABEL HYPE sheet says brothers Dave, Kyle and Anders Erickson grew up listening to their parents' Rolling Stones, Who, Kinks and Clash records ... until, that is ... they discovered Green Day. Which means two things. No. 1 — the publicist is prone to tired cliches. And No. 2 — we're probably dealing with three upper-middle class suburban Canadian kids trying to be inner-city English punks. Oh, we should also add – the Erickson brothers have dreams of becoming as wealthy as Billy Joe Armstrong. Sorry, guys. It ain't gonna happen. But you get points for trying. There are some undeniably likable tracks on Inward Eye's debut full-length.

Graham Rockingham/for Metro Canada

Music**Reviews**

music@metronews.ca

Brendan **Benson**

Album: My Old, Familiar Friend
Label: ATO/MapleMusic
Rating: ●●●½

ALTHOUGH BRENDAN BENSON has been creating catchy power pop tunes since 1996, it's likely you were first introduced to the Michigan-based singer when he formed The Raconteurs. Thanks to that high profile gig, Benson's latest — his first since joining the band — has a bigger budget and more buzz. And the attention is well deserved. His fourth record is a solid collection of happy pop songs. It's not too complex, but it's all very catchy. And while it's a bit too glossy, songs like the Franz Ferdinand-ish Feel Like Taking You Home, make this a pleasant listen.

Bryan Borzykowski/for Metro Canada

GETTY IMAGES

Imperial Blaze is the first album in four years from Sean Paul.

Tinariwen

Album: Imidiwan: Companions
Label: Outside
Rating: ●●●●

TINARIWEN IS AN electric guitar collective born out of the Saharan sands of north Africa and the violent rebellions of the Touareg nomads of Mali. These people literally grew up with Stratocasters strapped to their backs alongside Kalashnikovs. They are guitar masters who have merged traditional Touareg music with the sounds they found on cherished western cassettes by groups Led Zeppelin and Santana. The result is exotically hypnotic, reminiscent of the stoned cadences of Coltrane, and the improvisational magic of Jerry Garcia. Imidiwan: Companions is Tinariwen's fourth western release. It was recorded in a rented adobe hut in the village of Tessalit. Deadhead nirvana.

Graham Rockingham/for Metro Canada

Mute Math

Album: Armistice
Label: Warner
Rating: ●●½

THREE YEARS AGO Mute Math hit the Billboard charts thanks to their anthemic U2-ish self-titled debut. Today, though, the group is an experimental rock outfit that prefers complex vocal melodies to soaring hooks and strings, synths and spacey sounds to their more straight forward pop. You have to commend the band for changing gears — it's definitely a more ambitious disc — but it's tough to follow at times. The more mid-tempo tunes, like Pins and Needles and Goodbye does recall the band's last disc, so there's still something for their original fans.

Bryan Borzykowski/for Metro Canada

Rich **Hope**

Album: Rich Hope is Gonna Whip It on Ya
Label: Sandbag/Fontana North
Rating: ●●●½

RICH HOPE NEEDS only an electric guitar, harmonica, a few overdubs and a drummer named Adrian "the Cleethorpes Crasher" Mack to remind us how good authentic R&B-tinged rock 'n' roll can be. This music is raw, ragged and reeking of leaky oil pans. Hope, an Edmonton native, wears his influences on his sleeve — Son House, Hound Dog Taylor, Bo Diddley, '60s R&B singer Don Gardner and guitarist Gordie Johnson (Big Sugar, Grady). This album has the taste of Jack Daniels and the feel of the Burnaby, B.C., basement it was recorded in. If only rock 'n' roll was always this simple.

Graham Rockingham/for Metro Canada

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On rugged road

Olejnik headed north for Timekeeper

ANNE BRODIE
for Metro Canada

Hot off the first season of the international TV hit The Listener, Craig Olejnik braves new territories in The Timekeeper, a kind of wilderness-noir about men in isolation in the Northwest Territories.

The Timekeeper was written and directed by Louis Bélanger.

The Timekeeper opens tomorrow

"The Timekeeper was certainly one of the most challenging things I've ever done," says the 30-year-old Halifax native.

"We were stuck with each other and felt like we were living the film out."

Olejnik plays a naïve young man hired to schedule a railroad crew in an all male world that seeps violence, with a brutal boss, a psychotic chef, a gun happy lunatic, and all kinds of craziness in between.

"Put men together and things fall apart. For me it was about these men who don't belong or go at the same flow as society. They go off into the wilderness to create their own societies outside the law, to Alaska and the Northwest Territories.

"They become eccentric and remove their masks and become whoever they are. They think they're going to be free, but almost immediately a hierarchy begins to form, no matter where they are," he says. "My character comes in and he's never been around too many men, but because he doesn't know what this society is, he quickly becomes a man as well."

Olejnik says his life reflected the story in unexpected ways during filming.

"I felt outside society. I didn't speak to anyone, not my family, agent, or friends for two months, my phone was off. There was no reception anyway. Let everything grow, my toenails, fingernails, I got dirty and I dealt with the bug bites. It wasn't too hard to get into it."

The crew shot in Quebec's Fort Cartier, a vast, dense mountainous region similar to the Northwest Territories.

"It's unbelievable up there, I am going back," says Olejnik. "It's on the north western shore of the St. Lawrence River. You can drive 50 minutes in any direction up a dirt road into a reserve in the middle of nowhere. There were bears and wolves and moose and bugs crawling in my socks and underwear.

"We worked two months in the hottest heat in wool, with mosquitoes and rivers and it was one of the best experiences. The people are beautiful and the scenery. There was danger everywhere. It was always around the corner."

Olejnik says he was instantly drawn to The Timekeeper, written and directed by Louis Bélanger, whose previous works like the award winning Gaz Bar Blues have quietly but powerfully observed the human experience.

"I loved that it was subtle and poetic and not in your face. Everyone is sensitive to subtleties. The script drew me in, that poetic language. What I got out of it was that in its own way, it was an altered speech, not how people speak. All different levels of the hierarchy spoke differently. It was poetic, Shakespearean."

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 8/20/09	251	308	3 CBC	Coronation St.	Jeopardy!	Doc Zone Shopping malls.		Spies Who Came		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E! News (N)	The Insider	How I Met	'Til Death (N)	True Hollywood Story (N)		The Beast (N) (CC)		News
	254	-	8 M	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		Metropia
	250	321	9 CTV	etalk (CC)	Hollywood	CSI: NY "City of the Dolls"		CSI: Crime Scene Invstgtn.		The Listener (N)		News
	-	-	10 OMNI	The Daily	Frasier (CC)	On the Buses	Keeping Up	Supernatural (CC)		Scrubs (CC)	Diya (CC)	New Day
	252	336	11 GTV	Entertainment	ET Canada	Big Brother 11 (CC)		The Office	The Office	House (CC)		News
	256	389	12 VI	The Road to Avonlea		Samantha	Samantha	Grey's Anatomy (CC)		(:02) Private Practice (CC)		A News (N)
	253	359	13 CITY	Law & Order: SVU		Be a Millionaire		30 Rock	30 Rock	Law & Order: UK "Sacrifice"		The CityNews
	-	-	14 CW	Deal-No Deal	Deal-No Deal	Supernatural (CC)		Supernatural (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Big Brother 11 (CC)		CSI: Crime Scene Invstgtn.		(:01) The Mentalist (CC)		KIRO News
	287	379	16 NBC	Evening Mag.	Inside Edition	30 Rock	Parks-Recreat	The Office	(:31) 30 Rock	Law & Order "Lucky Stiff"		KING 5 News
	602	568	19 W	Style by Jury	Friends (CC)	Divine Design	House	Confidential	House	Divine Design	Love It-List It	House
	288	380	21 ABC	Wheel-Fortune	Jeopardy!	Be a Millionaire		Grey's Anatomy (CC)		(:02) Private Practice (CC)		KOMO 4 News
	-	-	23 KVOS	M*A*S*H	Seinfeld	Before Sunrise ★★★ (1995) Ethan Hawke, Julie Delpy.				King	Still Standing	Scrubs (CC)
	291	383	27 PBS	Steves Europe	Fighting Fraud	Doc Martin "Aromatherapy"		Lost in Austen (CC)		Masterpiece Mystery! (CC) (DVS)		
	290	382	28 FOX	NFL Preseason Football		Cops (CC)	Malcolm-Mid.	King of Hill	Family Guy	Q13 FOX News at Ten (N)		Family Guy
	-	364	45 PBS	Dr. Wayne Dyer: Excuses		Reversing Diabetes With Dr. Neal Barnard		Leonard Cohen Live in London (CC)				Stay Rich-Life
	296	654	64 SBK	(:01) The Mentalist (CC)		Punk'd (CC)	South Park	Cheers (CC)	Half & Half	Paid Program	Family Court	Paid Program
	298	653	65 TLA	Two/Half Men	Two/Half Men	Supernatural (CC)		Supernatural (CC)		KTLA Prime News (CC)		Friends (CC)
	295	651	66 WGN	MLB Baseball Chicago Cubs at Los Angeles Dodgers. From Dodger Stadium in Los Angeles.						WGN News	Friends (CC)	My Wife-Kids
	297	652	67 WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Sex and-City	According-Jim	Friends (CC)	Frasier (CC)	Bring Wall St
	199	311	76 STR	News	NTV Latenight News		Late Show-Letterman		Late Late Show		Will & Grace	Seinfeld
news	502	390	26 NW	The Nature of Things (CC)		CBC News: The National (N)		CBC News: The National		The Nature of Things (CC)		National
	500	500	33 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
	407	419	22 RSP	Sportsnet Connected (Live)		The Pen		UFC: Access	MMA Conn	Sportsnet Connected (Live)		Sportsnet
sports	400	400	30 TSN	SportsCentre (Live) (CC)			Off the Record	ATP Tennis: W&S Financial Group Masters				SportsCentre
	411	457	49 OLN	Ghost Hunters "Fort Mifflin"		Bounty Hunter	Bounty Hunter	Survivorman (CC)		Ghost Hunters "Fort Mifflin"		Bounty Hunter
	410	403	54 SCR	Score Tonight		Final Score	Final Score	Final Score	Final Score	Final Score	Final Score	Final Score
	417	406	55 SC	Wrecked (N)	Wrecked	Pimp My Ride	Pass Time	Pinks -- All Out		Jacked!	Jacked!	Wrecked
	416	409	144 GLF	Fútbol MLS New England Revolution vs. Seattle Sounders FC.				Gol TV News	Toronto-Today	Gol TV News	Gol TV News	Gol TV News
family	552	543	25 YTV	Drake & Josh	Family Biz	Malcolm-Mid.	Futurama	In Real Life "Police Action"		Falcon Beach "Vigil" (CC)		Mystery Hnt.
	555	545	50 TEL	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	Appleseed ★★	(2004) Ai Kobayashi, Jûrôta Kosugi. (CC)		
	557	541	51 FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	53 TRE	Comfy Couch	Zigby	Max & Ruby	Babar (CC)	Backyard	Ni Hao	Go, Diego, Go!	Franklin	Comfy Couch
cable variety	268	354	5 KNO	Recreat. Eden	Into the Wild	Africa "Mountains of Faith"		How Art Made the World		World of Albert Kahn		Hard Rock
	575	583	20 CMT	Hope & Faith	Hope & Faith	Karaoke Star "Kelowna"		Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith
	570	580	24 MM	On Set Jay-Z.	Degrassi: TNG	Video on Trial	Video on Trial	America's Best Dance Crew		One Tree Hill "Resolve"		On Set Jay-Z.
	600	564	25 H&G	House	House	Holmes on Homes (CC)		Disaster DIY	Big Amazing	Handyman Superstar		House
	615	520	31 A&E	The First 48 (CC)		Crime 360 "In Broad Daylight"		The First 48 (CC)		The First 48 (CC)		The First 48
	628	584	32 SPKE	(6:00) TNA iMPACT! (N)		Scariest Police Chases 3		Midnight	GameTrailers	MANswers	MANswers	MXC (CC)
	521	560	34 TLC	LA Ink "Feelings Rule" (N)		Police Women of Broward		LA Ink "Feelings Rule" (CC)		Police Women of Broward		LA Ink (CC)
	616	522	35 SHO	The Outer Limits (CC)		Love-Death	Love-Death	The Perfect Child (2007, Drama) Rebecca Budig. (CC)				House (CC)
	620	523	40 BVO	(6:00) Comeback Season ★★		Law & Order (CC)		Without a Trace (CC)		Just a Little Harmless Sex ★★ (1999) (CC)		
	601	562	41 SLC	Bulging Brides	Bulging Brides	ET Canada	Til Debt-Part	Real Housewives OC		Trading Spouses		Biggest Loser
	520	505	42 DIS	MythBusters "Alcohol Myths"		Blue Realm (CC)		The Sun		Sci-Trek "Volcanos" (CC)		MythBusters
	522	506	44 HIS	NCIS "Chimera" (CC)		Ancient Discoveries "Robots"		Unlocking the Past (CC)		NCIS "Chimera" (CC)		Turning Points
	627	528	45 SPC	(6:00) Jason X ★ (2002) (CC)		Stargate SG-1 "The Scourge"		Star Trek: Next Gener.		Star Trek: Voyager (CC)		Star Trek: Ent.
	294	650	47 TBS	You, Me and Dupree ★★ (2006, Comedy) Owen Wilson. (CC)				Sex and-City	Sex and-City	The Hand That Rocks the Cradle ★★★ (CC)		
	619	525	48 TROP	Traders "Joint Adventures"		Inside Hollywood Breaking up.		Stunt Stars "The 4400" (CC)		Family Guy	Family Guy	Family Guy
	603	561	52 FN	Ace of Cakes	Ace of Cakes	Boys	The Wild Chef	Unwrapped	Unwrapped	Jamie's Kitchen		Ace of Cakes
	626	547	57 COM	Air Farce	22 Minutes	22 Minutes	Corner Gas	The Simpsons	South Park	Comedy Now	Comedy Now	Daily Show
	320	621	60 CEN	(6:15) The Nanny Diaries ★★		Mama's Boy (2007, Comedy) Jon Heder, Diane Keaton. (CC)				Penn & Teller	Nurse Jackie	The Line
	581	566	101 MTV	Nitro Circus	Fantasy Fact.	MTV Live	After	The Real World (CC)		Nitro Circus	Fantasy Fact.	MTV Live
	261	394	102 V	(6:00) Conspiracy of Silence		Poltergeist: The Legacy		Conspiracy of Silence ★★ (1991) Michael Mahonen.				Paid Program
	-	-	106 MUL	Banquet	Kingdom-Wind	Vancouver	Bahadur-Zafar	Dheeyan Ghar	Sadabahar	Rang Barangi	Desi Rhythms	Patrol World

critics'corner

CSI: Crime Scene Investigation
Hodges and Wendy (Wallace Langham, Liz Vassey) wind up investigating the death of a beloved actor when they run into each other at a science-fiction convention for one of their favorite classic TV shows. Kate Vernon ("Battlestar Galactica") guest stars in "A Space Oddity"; Laurence Fishburne, Marg Helgenberger and George Eads also star. 5:59 PM on SBK

30 Rock
Jack (Alec Baldwin) shops for an engagement ring and turns to Tracy (Tracy Morgan) as an unlikely source for advice on married life. Liz (Tina Fey) finds out that Elisa (guest star Salma Hayek) is keeping a big secret. Jenna (Jane Krakowski) falls for an attractive EMT who responds to a call when a staffer suffers a back injury as the result of a prank. Jack McBrayer and Judah Friedlander also co-star in "The Ones." 9:30 PM on CITY

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ROBBIE COLLIN, NEWS OF THE WORLD

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metro

Pregnancy's hard for everyone, even David

Actor David Boreanaz has been having a rough go since his wife Jaime Bergman became pregnant in March: "Jaime's pregnant, we're doing construction at the house, and I'm just pulling my hair out," he told People. METRO NEWS SERVICES

Celebrity Buzz

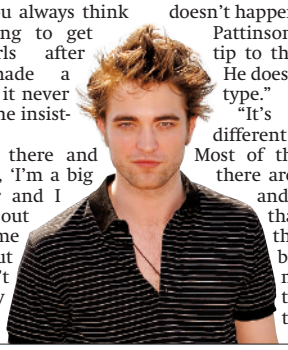
Hey Twilight fans: Rob is still single

THE LINE STARTS TO THE LEFT Good news, Robert Pattinson fans: He's not dating anyone, people.com reports.

At least that's what the Twilight star, who only days ago was seen getting cozy with co-star Kristen Stewart, wants Britain's Daily Mirror to believe. "I don't have a girlfriend," claimed the actor. "I don't know why."

Pattinson, 23, appears surprised at this turn of events. "You always think you're going to get more girls after you've made a movie and it never happens," he insisted.

"You sit there and you're like, 'I'm a big movie star and I want to go out with some models,' but I don't know why that doesn't happen."



Pattinson offers a tip to the hopeful: He doesn't "have a type."

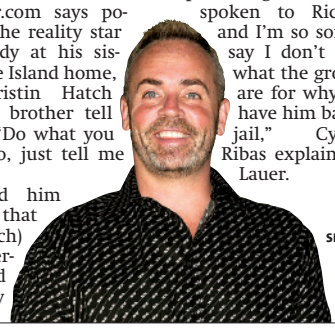
"It's especially different in L.A. Most of the women there are actresses and by default that makes them a little bit nuts — not that that's a bad thing," he observed. "Whenever I get asked who my favourite celebrity crush is, I have no idea."

When it comes to the attention he does manage to receive, Pattinson said, "Most of the girls are all pretty young, so it's just kind of funny. But then you get the Twilight Moms who love you like moms! And you can take that too far. I mean, it could be 'Edward breaks up Twilight family.'" METRO NEWS SERVICES

Richard in jail again

MYSTERIOUS CIRCUMSTANCES Survivor winner Richard Hatch found himself back behind bars just hours after appearing on The Today Show to talk about his four years in prison for tax evasion, MSNBC.com reports.

Popeater.com says police took the reality star into custody at his sister's Rhode Island home, where Kristin Hatch heard her brother tell deputies, "Do what you need to do, just tell me why."



"I heard him tell Rich that he (Hatch) did an interview, and that's why he was going back to prison," Kristin told Matt Lauer. However, both NBC and Hatch himself say the Federal Bureau of Prisons approved the interview.

Even Hatch's lawyer doesn't know why he's in prison again. "I have spoken to Richard, and I'm so sorry to say I don't know what the grounds are for why they have him back in jail," Cynthia Ribas explained to Lauer. METRO NEWS SERVICES

Mimi delays album release

CAREER MOVE? With her new album's first single not performing so well, and rival Whitney Houston putting out a new record, Mariah Carey has pushed back the release of her new album, Memoirs of an Imperfect Angel, to after the deadline for Grammy consideration — though pals are trying to spin it in her favour.

"Mariah's been shafted so many times before that it's like a big 'kiss my butt' to the Grammy folks," a source told Gatecrasher. "She doesn't need the awards, because her career is already so successful." Carey has received five trophies and 21 nominations. METRO WORLD NEWS

Spike throwing MJ party

IN TRIBUTE Spike Lee is planning a big party for Michael Jackson on the late singer's 51st birthday, and everyone's invited. The director felt it important to memorialize Jackson, he explained to the Washington Post.

"We're of the same era," Lee said. "I wanted my afro to be perfectly round like Michael's." The celebration, free and open to the public, will take place Aug. 29 in Brooklyn's Fort Greene Park. "It's going to just be how we do it, Brooklyn-style, I'll leave it at that," Lee said. "It's going to be a joyous, festive, celebratory party." METRO WORLD NEWS

Paris not reason for film's flop: Judge

LEGAL WIN A court has ruled Paris Hilton was not at fault for her film flopping, femalefirst.co.uk reports.

The socialite was sued by Worldwide Entertainment Group for allegedly breaching her contractual commitments for movie National Lampoon's Pledge This!, but a Miami judge has ruled she did her best to promote it, stating the movie was "hardly destined for critical acclaim."

Judge Federico Moreno said: "The movie flopped because the film's inexperienced producers hastily cobbled together a wholly inadequate marketing plan. They sent scattershot requests to their principal star in the hope she could find time to promote a sinking ship."

While Hilton won't have to pay the $8.3 million US in damages the producers were asking for, she may have to return the $1-million fee she was given for the film. A receiver representing the producers has been given until Aug. 26 to submit arguments as to why the blonde star should pay back the sum. METRO NEWS SERVICES

GETTY IMAGES

ADVERTISING FEATURE

It was 'animal magnetism' declares expert

It was animal magnetism when a 'Wolf' came facecard to-facecard with a'cougar' during a recent Pacific Hold'em game. "What can I say?" asked PlayNow.com expert Cynthia. "I like younger men, so I asked him to dinner." But did cheesy classical muscian Wolfgang Mozzarella accept? "Absolutely, I could not resist her overture," said the poser composer. We could make beautiful music together." Wild kingdom indeed.

Disclaimer: All names are the products of the author's imagination. Any resemblance to actual persons, living or dead, is entirely coincidental.

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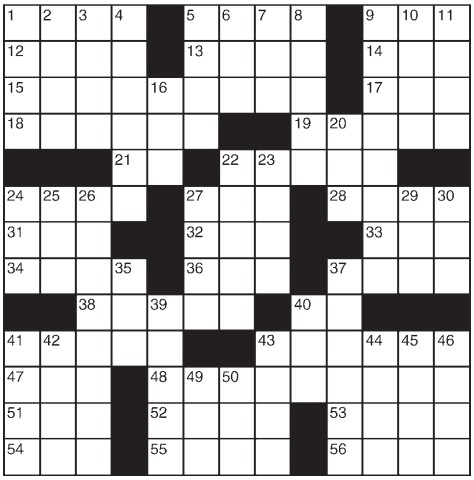
Take Five



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	9	5	6			1		
	3			4		2		
	6		3		7			
			8				4	
1			5		4			2
	7				6			
			9		1		2	
		6		3			8	
		2			5	7	3	

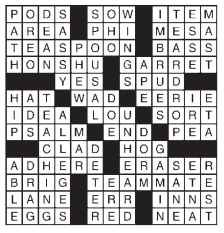
ACROSS

1 Lady of the Haus
5 Channel marker
9 To the — degree
12 Deserve
13 Nabisco product
14 Playwright Levin
15 Victoria Beckham, e.g.
17 Snip
18 Plays for time
19 Strike zone's lower boundary
21 Exist
22 Sits for the paparazzi
24 Joker, e.g.
27 Scepter topper
28 Horse's halter?
31 Kyoto cummerbund
32 Pirouette pivot
33 Resistance measure
34 Wear a rut in the rug
36 Wall climber
37 What 28-Across means
38 Obliterate
40 Tagged player
41 Sunrises
43 With hands on hips
47 — Baba
48 Trite
51 Director Howard
52 Affluent
53 Gunk
54 Ball-bearing item
55 Curved molding
56 His and

DOWN

1 Parker who played Daniel Boone
2 Engrossed
3 Met melody
4 Nude
5 Marshy areas
6 Swiss canton
7 "— the fields we go"
8 Whites' counterparts
9 Basketball "bravo"
10 Verifiable
11 Milliner's wares
16 Shade source
20 Just out
22 Verify
23 Do as you're told
24 Officer
25 "The — Daba Honeymoon"
26 Sake
27 Elevator name
29 "Looky here!"
30 Pump up the volume
35 Sea eagle
37 Sew
39 Jetsons' dog
40 Eisenhower
41 Pub missile
42 Lotion additive
43 Rue the run
44 Oliver's request
45 Astigmatism factor
46 Probability
49 False hood?
50 Capades venue

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



8	7	9	6	1	2	5	4	3
3	2	6	5	8	4	7	9	1
4	1	5	9	3	7	8	6	2
7	4	3	8	9	6	2	1	5
6	9	1	3	2	5	4	7	8
5	8	2	7	4	1	9	3	6
9	6	8	2	7	3	1	5	4
2	3	4	1	5	9	6	8	7
1	5	7	4	6	8	3	2	9

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

CHRISTY PENDLEY

Quick Curried Couscous

Submitted by Patricia Smith, Toronto

INGREDIENTS:

1 1/2 cups couscous
3 cups chicken stock OR water
1 tablespoon curry powder
1 teaspoon salt
1 teaspoon ground black pepper
2 tablespoons extra-virgin olive oil
1/2 cup raisins
1 bunch parsley OR cilantro, chopped
1/2 cup slivered almonds

METHOD:

Pour couscous into a bowl. Lightly toast almonds in a dry pan. Mix chicken stock, curry powder, salt, pepper and raisins in a saucepan and bring to a boil; remove from heat. Pour the boiling liquid over the couscous. Seal top of the bowl with plastic wrap and allow to sit for 10 minutes. Fluff couscous with a fork and toss with olive oil. Top with cilantro and almonds.

SERVES 6
PREP TIME: 5 MINUTES
COOK TIME: 15 MINUTES

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Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
You will recover quickly from the effects of yesterday's Mars-Uranus aspect and by the end of the day you'll be back to your best.

TAURUS ♉
APRIL 21-MAY 21
Family matters must come first. No matter how pressed you may be on the work front you must make time for your nearest and dearest.

GEMINI ♊
MAY 22-JUNE 21
You have a lot to say for yourself and today's new moon in the communications area of your chart will encourage you to be even more outspoken.

CANCER ♋
JUNE 22-JULY 22
Others will offer to do things for you today but if you are smart you will insist on doing them for yourself.

LEO ♌
JULY 23-AUG 23
Everything will fall into place over the next few days, so stop worrying about whether or not you are doing the right thing.

VIRGO ♍
AUG 24-SEPT 22
This is a frustrating time for you but don't despair because an upturn in your fortunes will be evident in a matter of days.

LIBRA ♎
SEPT 23-OCT 23
The world needs people who are not afraid to speak up and that's exactly what you will be doing today.

SCORPIO ♏
OCT 24-NOV 22
You will be in the public eye today. You have something important to do on the work front, something only you have the guts to attempt.

SAGITTARIUS ♐
NOV 23-DEC 21
Cosmic activity in your fellow Fire sign of Leo means you feel a lot more confident about your beliefs. Don't be afraid to express your opinions.

CAPRICORN ♑
DEC 22-JAN 20
You may be one of the more ambitious and worldly signs of the zodiac but today you need to spend time by yourself.

AQUARIUS ♒
JAN 21-FEB 18
Partnerships and relationships are of extra importance at the moment and if you have fallen out with someone close, now is the time to approach them.

PISCES ♓
FEB 19-MARCH 20
Think twice before changing tried and trusted methods to do with your health. Avoid fashionable cures.

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Laser Hair Removal
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Botox and Filler Days
Great prices/call for more info
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